

Energy Recovery From Fatbergs

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- What are fatbergs?
- Where do they come from?
- How do they form?
- Energy from fatbergs



Why are we interested in fatbergs?

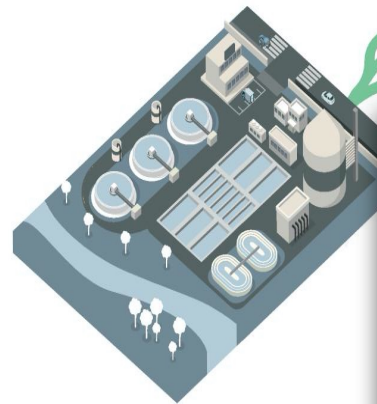


FOGs and un-flushable cause 80% of 366,000 blockages



Sewer blockages
Pumping station failure

Sewer overflows



Impact at the treatment plant




Water pollution

£ 88 million
clean-up costs
for the UK
water industry



Fatbergs around the world



London (2014), 130 tonnes, 250m
Sidmouth (2018) 40-50 tonnes, 64m
Liverpool (2019) 90 tonnes, 84m

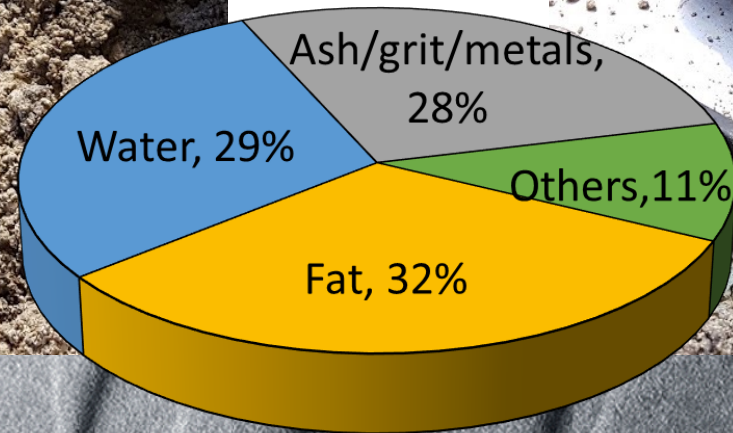
Baltimore (2017) 140 tonnes,
discharged about 4.5 million liters of
sewage
Detroit (2018) 190 tonnes, 30m long

Singapore (2017) 36 sewer
blockages/month

New South Wales (May 2020)
1 tonne, and 35% increase in
blockages

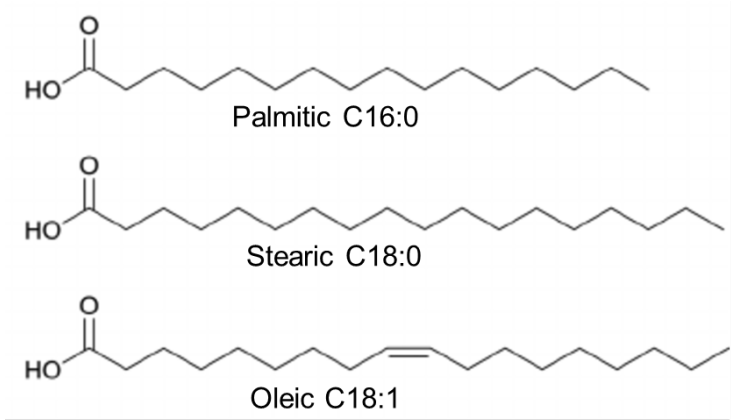
Sydney (2019) 500 tonnes of wet
wipes removed from the city's
sewer network a year

Fatberg composition



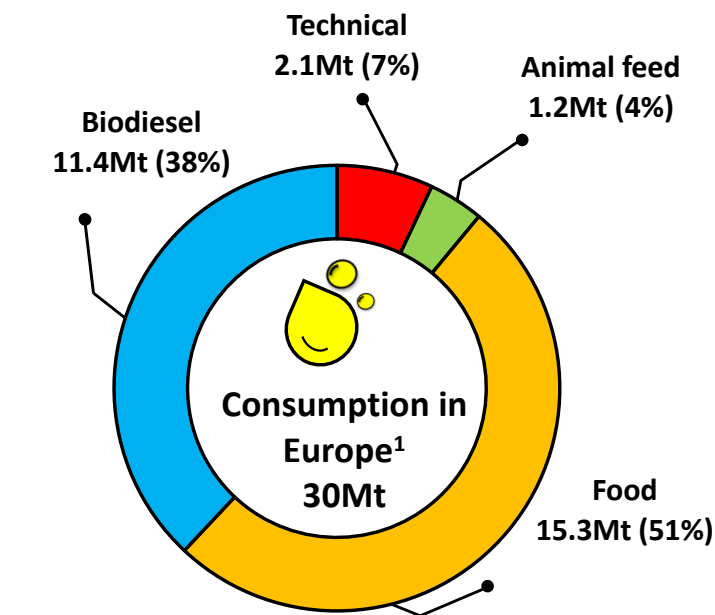
Where do they come from?

From our cooking activities

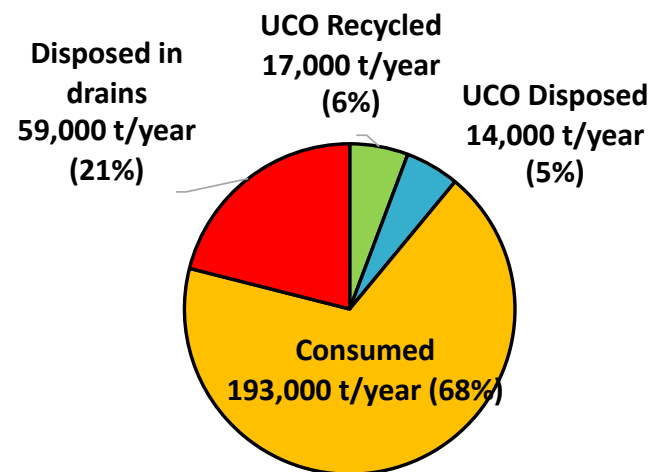
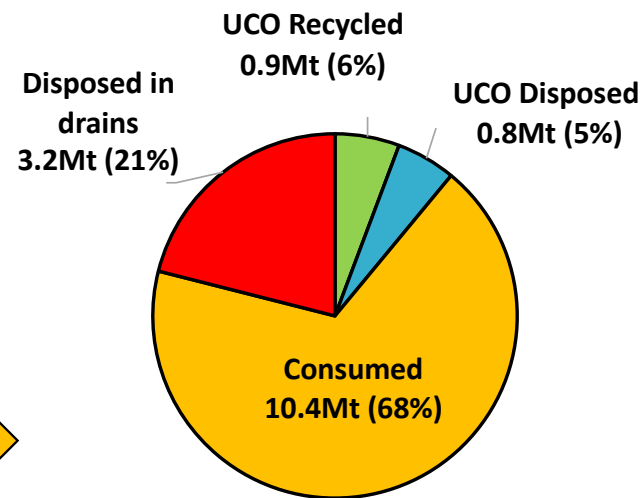


	Palmitic acid C16:0 %	Oleic acid C18:1 %	Stearic acid C18:0 %
Sunflower oil	6	28	3
Rapeseed oil(canola)	5	56	2
Olive oil	10	78	2
Coconut oil	9	7	2
Palm oil	44	40	4
Beef fat	27	48	7
Butter	26	28	11
Chicken/turkey fat	22	37	6
Lard	27	44	11
Salmon	11	25	4
Fatberg	69	10	9

Edible oil and fat consumption in Europe and the UK



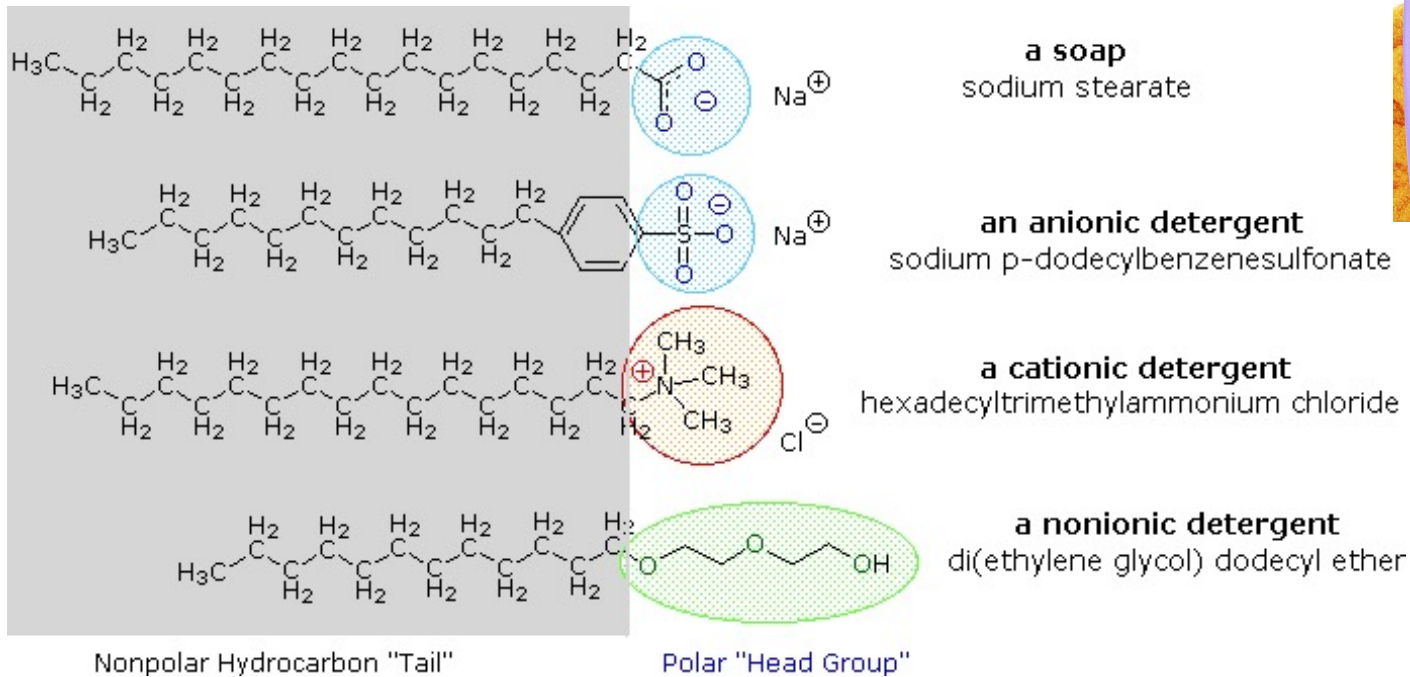
In the UK, edible oil and fat consumption is about 0.5 million t/year
283,000 tonnes of which are used for food production



¹Includes oils and fats of vegetable, marine and animal origin. FAO (2019) Food Outlook BIENNIAL REPORT ON GLOBAL FOOD MARKETS

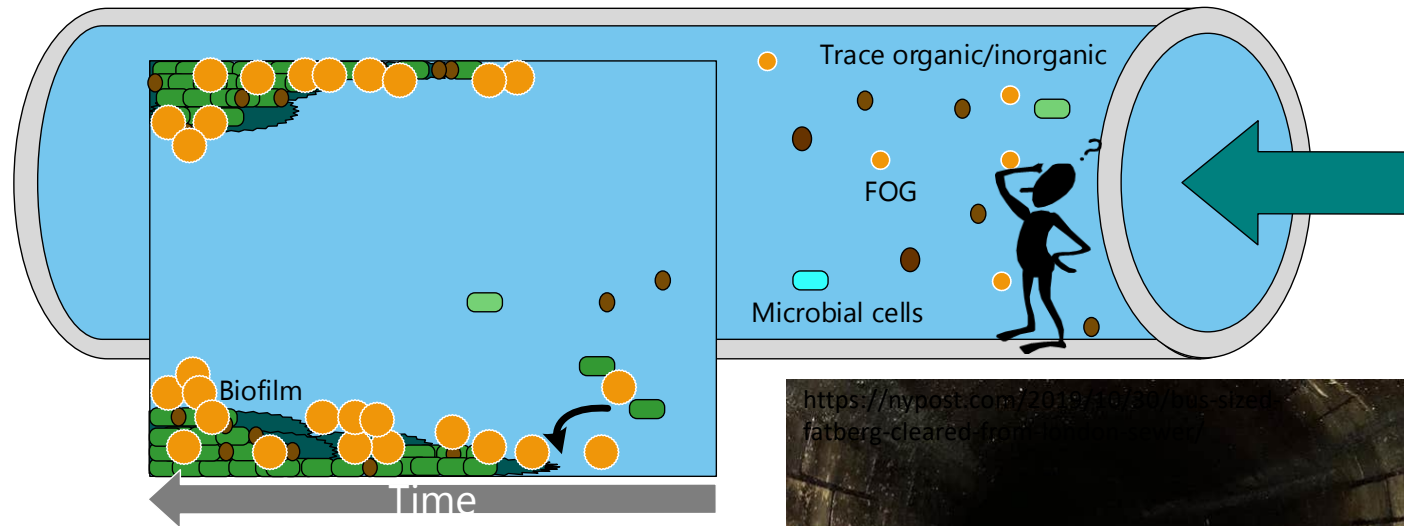
But maybe also from somewhere else...

Stearic acid, oleic acid, myristic acid, and palmitic acid are used to manufacture cosmetic creams, cakes, soaps, and pastes.



Fatty acid salt use in 2018 was estimated at 0.8 Mt/year in Europe.

How does a fatberg form?



At least five reactions:

1. Fat solidification
2. Free fatty acid saponification
3. Biofilm formation
4. Protein precipitation
5. Starch?



1. Fat solidification



Animal vs vegetable fats



2. Saponification or soap formation



Fat

Ash/lye

Heat



+



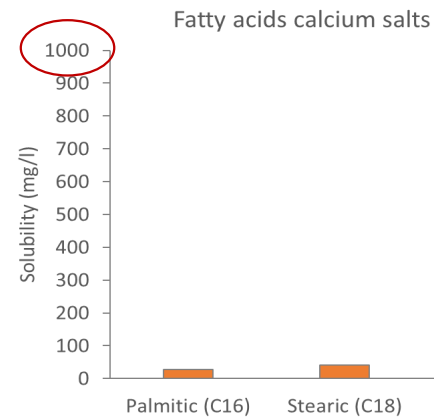
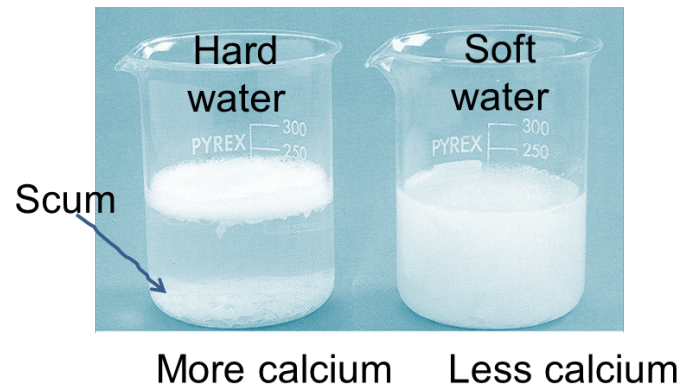
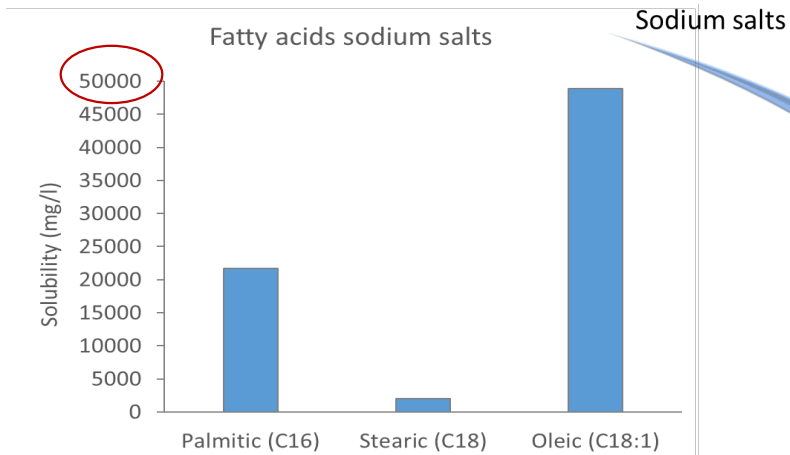
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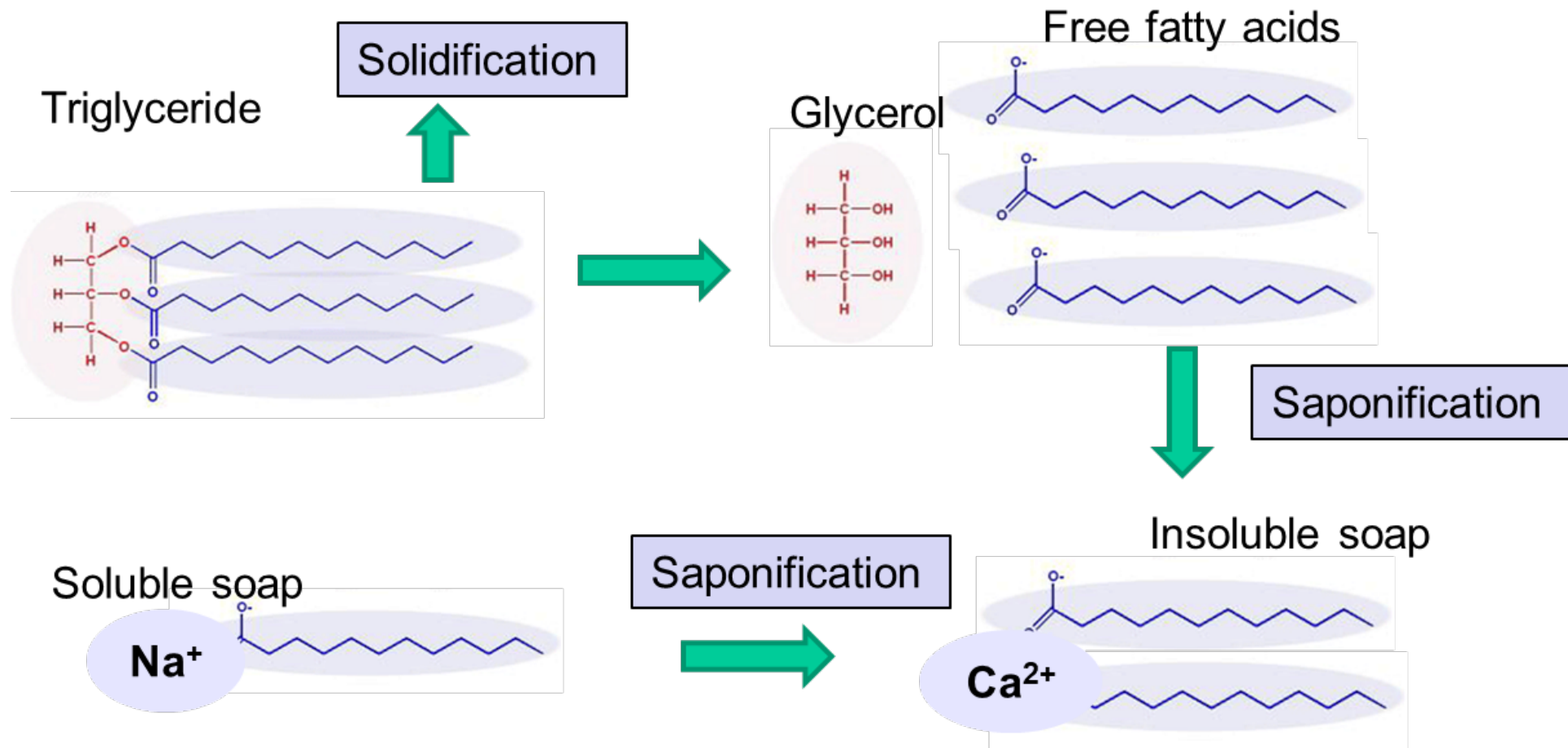
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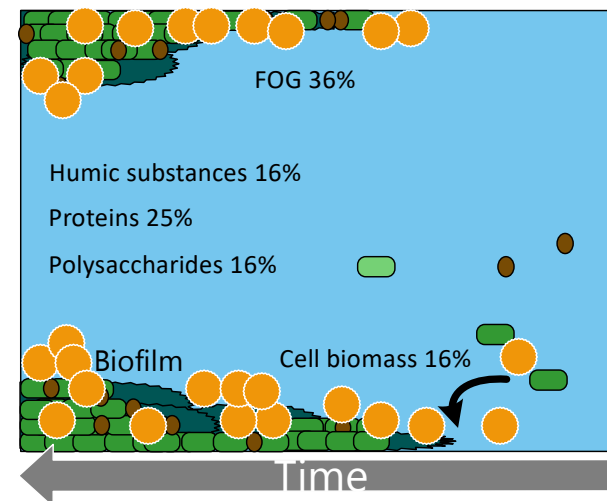
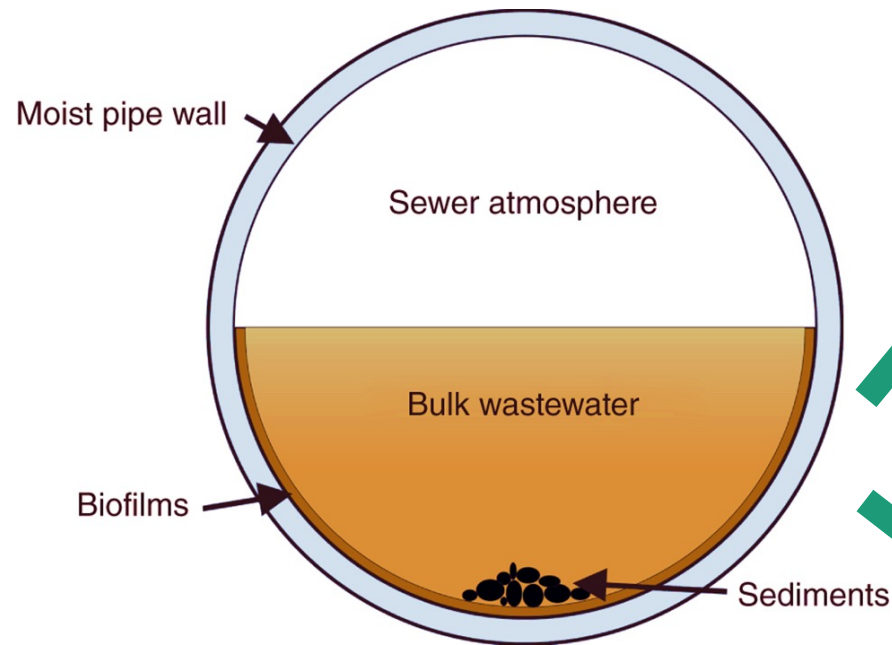
Or from sodium to calcium soaps....



Fat summary: solidification and saponification



3. Biofilm formation



Wiley Interdisciplinary Reviews: Water [Volume 3, Issue 4](#), pages 487-494, 12 APR 2016 DOI: 10.1002/wat2.1144

4. Protein precipitation

- High concentration of salt (protein salting out)
- Change of pH



5. Starch?

**...and wipes to
cement it!**



FOG management

The Kitchen Best Management Practice

Disposal of Fats, Oils, Grease and Food Waste
Best Management Practice for Catering Outlets

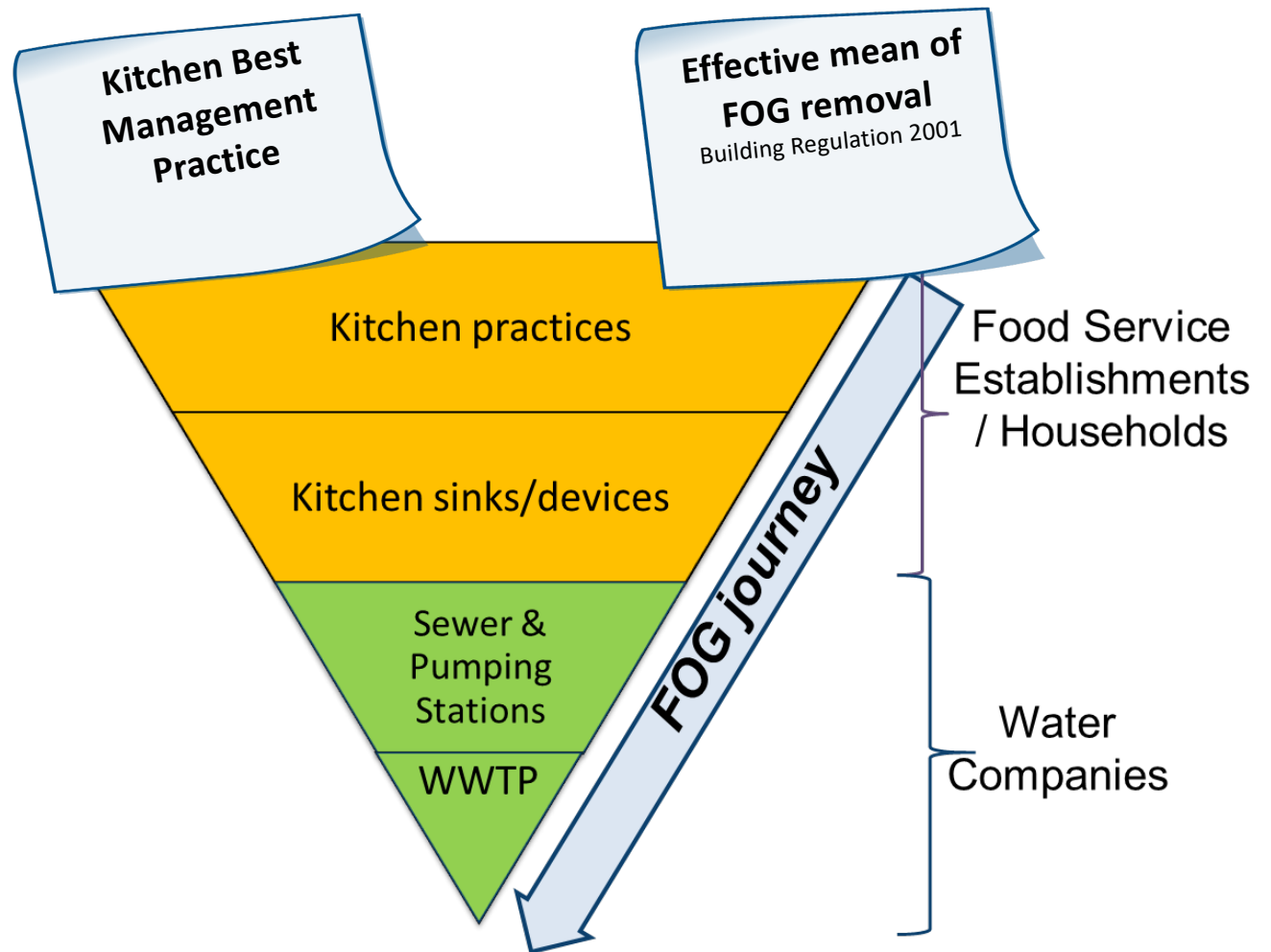
Working in partnership with

Environment Agency, Chartered Institute of Environmental Health, Consumer Council for Water, defra

Stop and think
– not down the sink

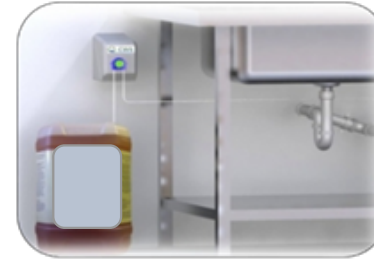
Checklist for managing fat, oil and grease in your kitchen

DOs	DON'Ts
 Do wipe and scrape plates, pans and utensils before washing (and put the waste into the bin).	 Do not put cooking oil, fat or grease down the sink.
 Do collect waste oil in a suitable secure container.	 Do not pour waste oil, fat or grease down the drain.
 Do arrange for oil to be collected by a licensed waste contractor.	 Do not put food scrapings into the sink (place in the rubbish bin).
 Do use strainers in sink plug holes (and empty contents into the bin).	 Do not sweep waste into floor drains (place rubbish in bin).
 Do maintain Grease Traps and Enzyme Dosing equipment regularly.	 Do not pour boiling hot water down the sink to try to dissolve fat and grease. It does not work!



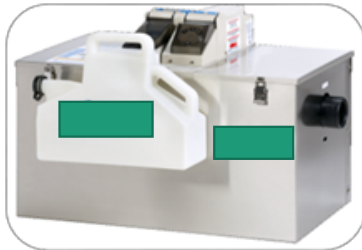
Means of FOG removal

Grease Interceptor



7.6 % Biological Dosing

Grease Removal Unit



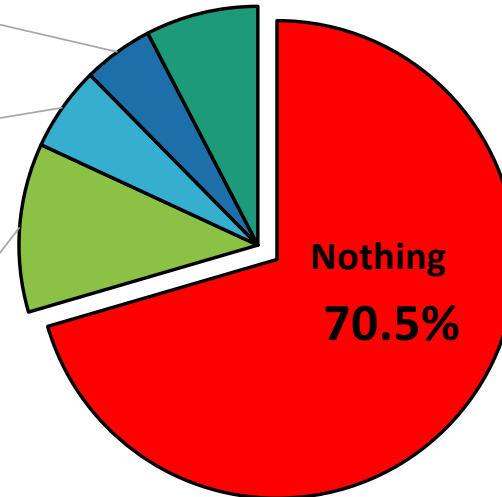
4.7%

Grease Trap



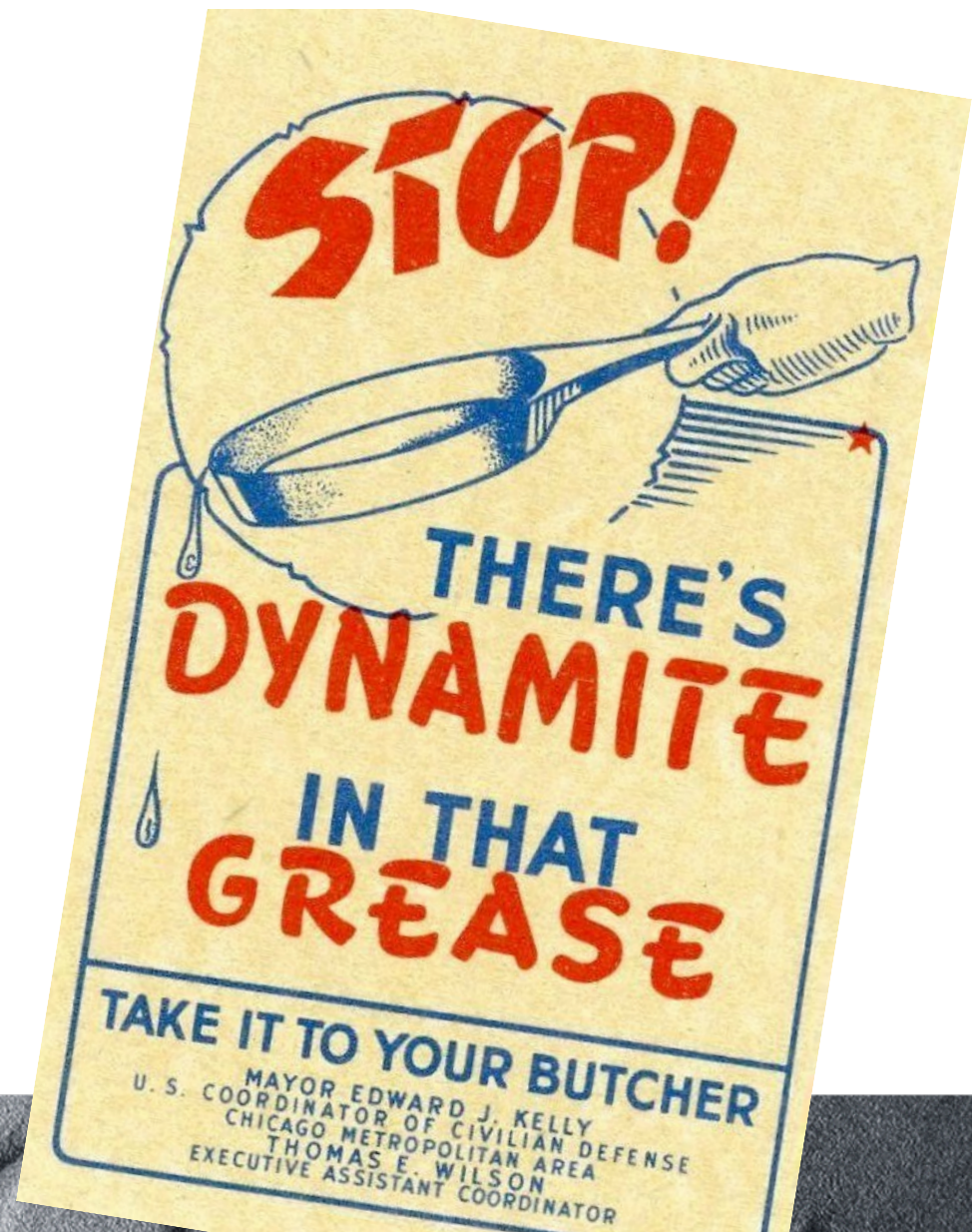
5.7%

11.4%



What can we do with FOGs?

Value recovery in the past....



What can we do with FOGs?

ANAEROBIC DIGESTION = BIOMETHANE

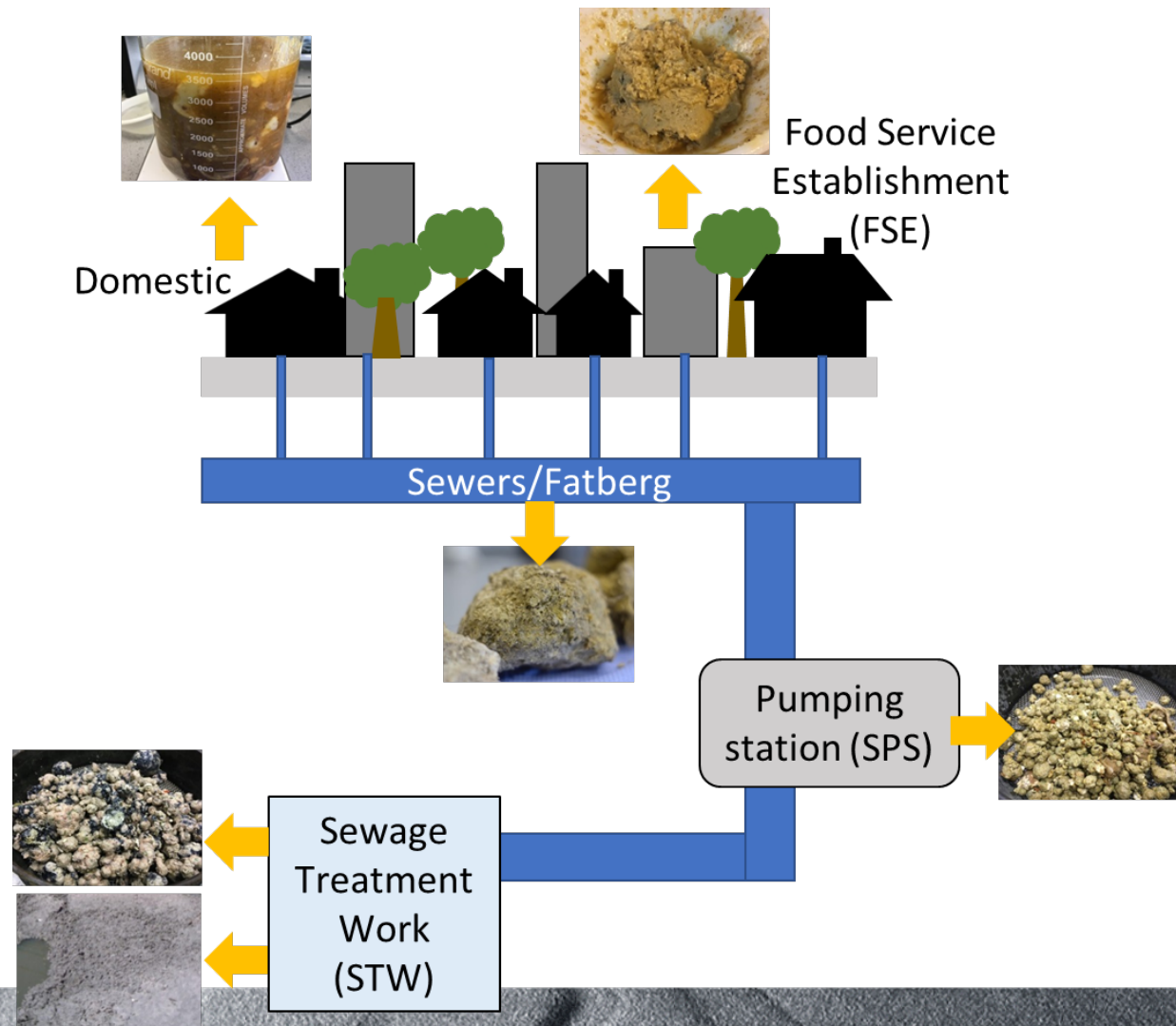


BIODIESEL

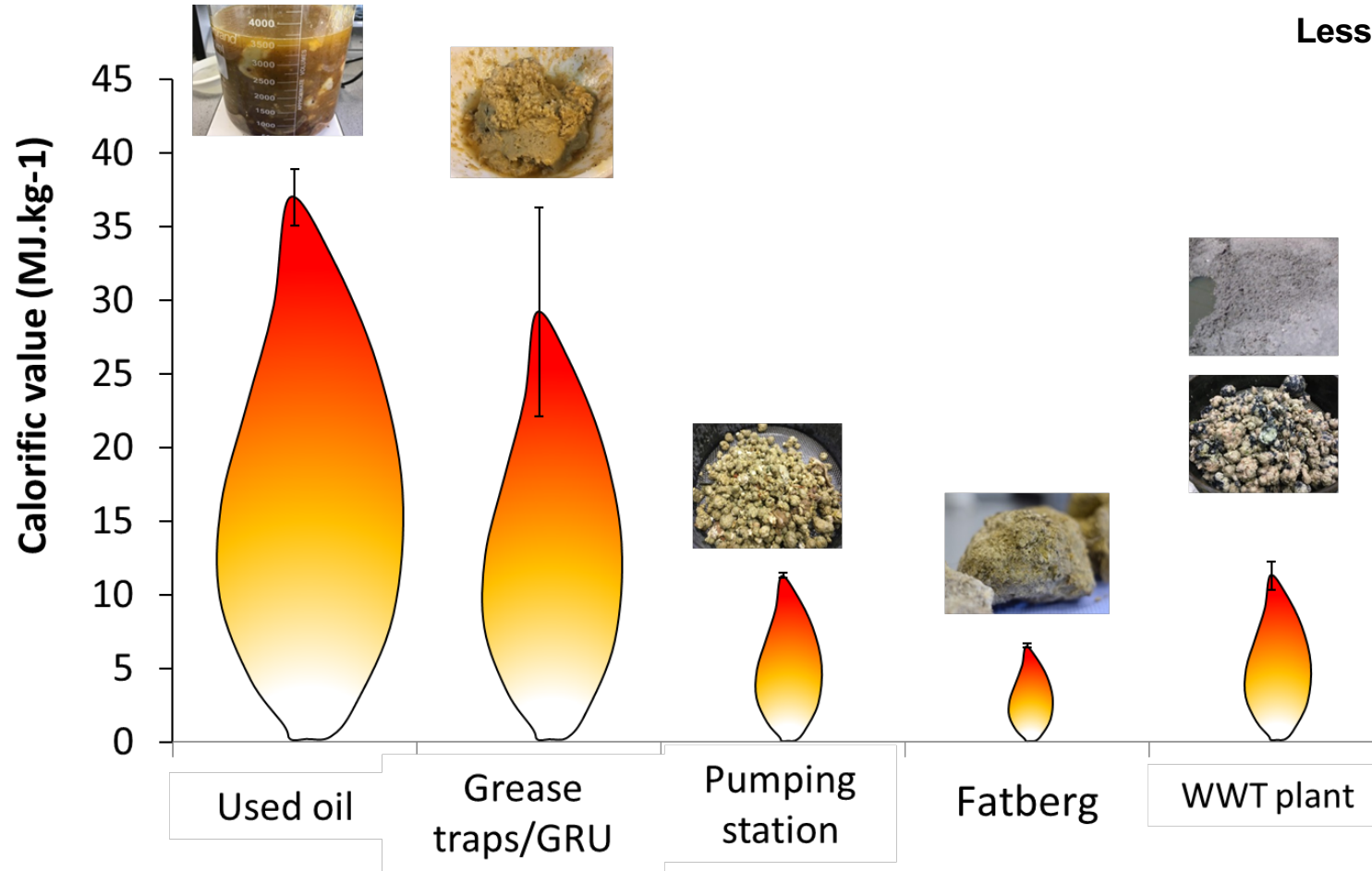


Energy recovery from FOGs

Approx
95,000 tonnes/year
from the
Thames Water catchment



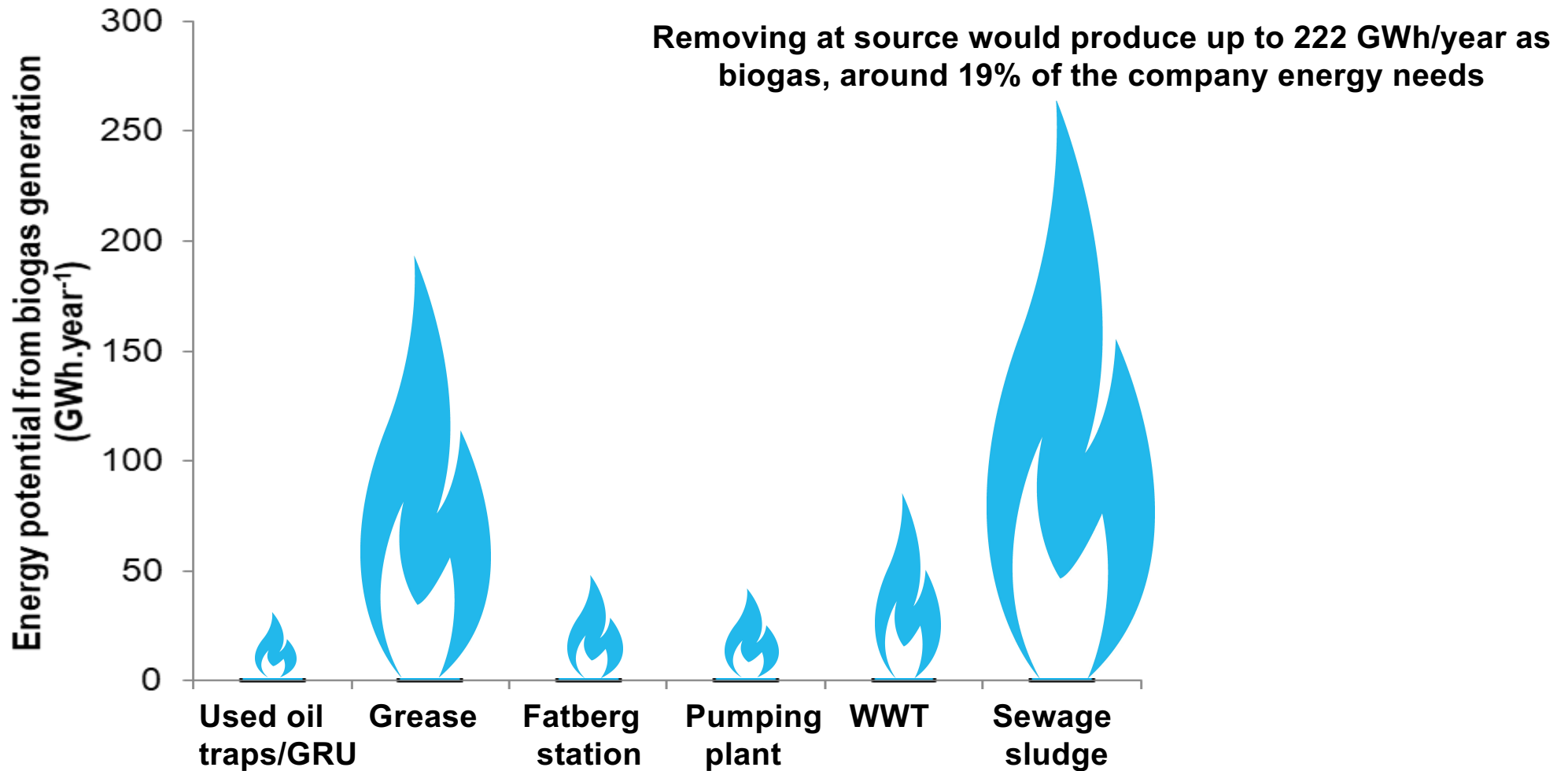
Energy recovery



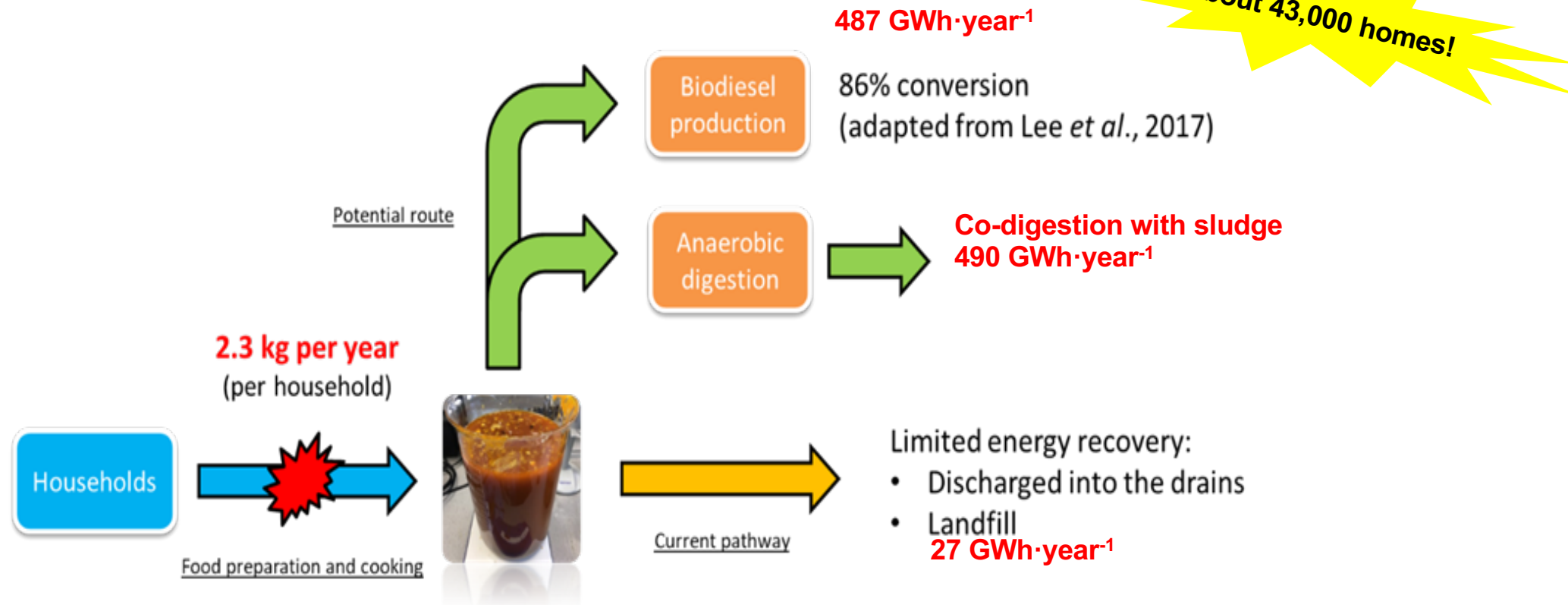
Less water, more heat



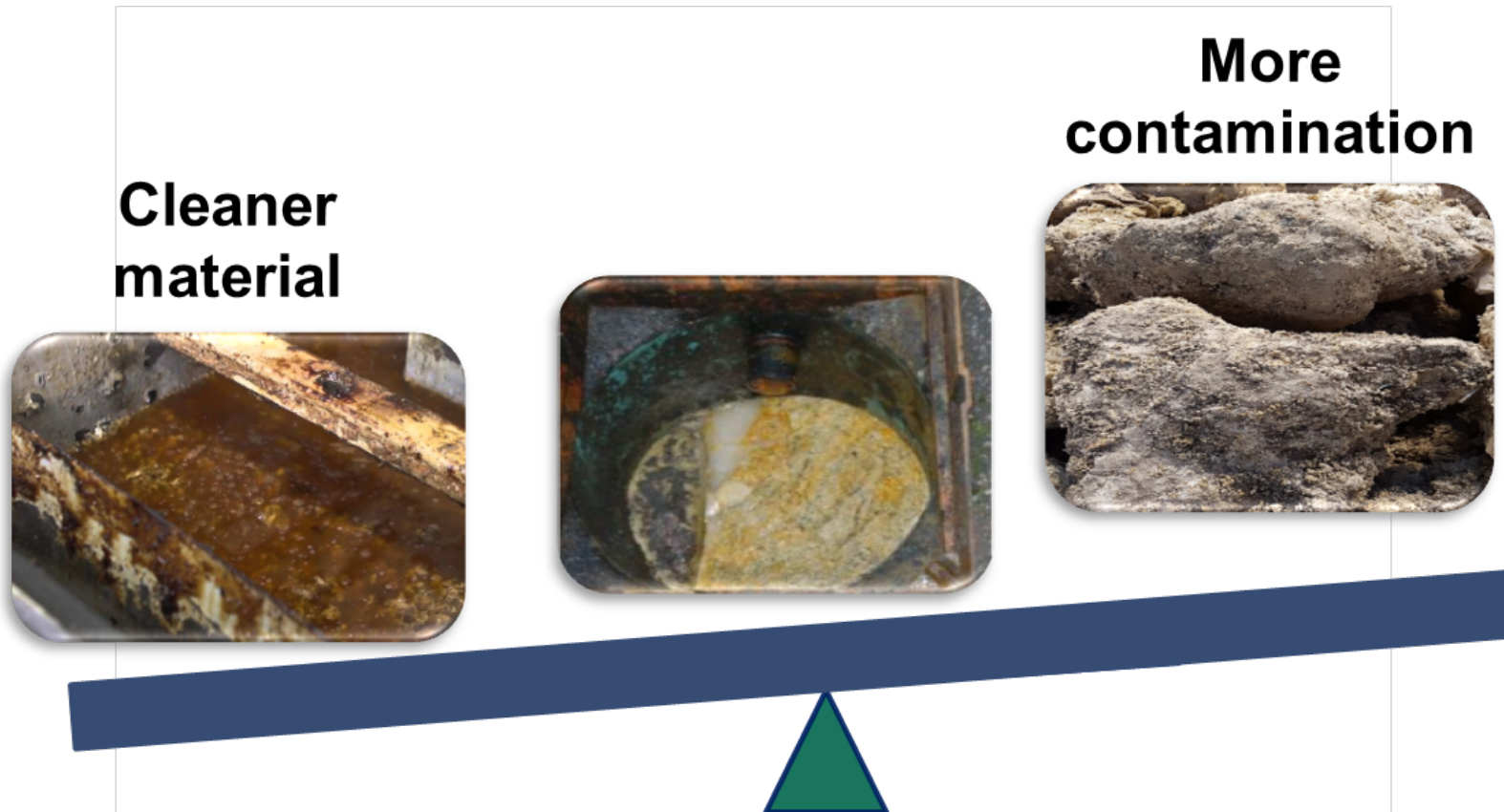
Energy recovery from FSE at catchment



Energy recovery from households



...the cleaner the better for energy recovery!



The 'FOG' group and the sponsors



Prof Bruce Jefferson



Anna Cermakova



Dr Thomas Collin



Natalia Jawiarczyk



Dr Paul Barton



Dr Martin Fairley



Dr Caroline Gurd



FOG Ltd



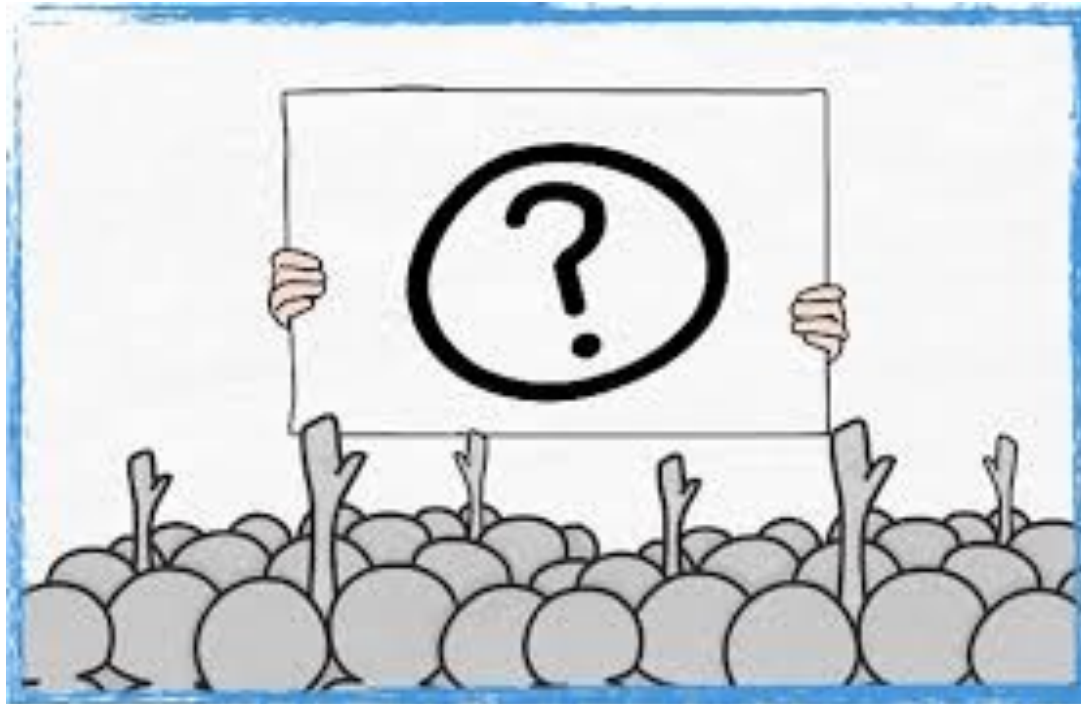
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